



Talk much with your doctor?

Communication between doctors and patients can be powerful medicine. But too often, both parties come up short. Patients should come to appointments prepared. With questions written down in advance, a list of all current medications and allergies, and a truly candid assessment of how they've been getting along. Doctors can do more, too, starting with listening better and using language patients don't need a medical dictionary to understand. Communication keeps doctors and patients better informed. So both parties can assess treatment options more clearly, and make shared decisions as partners. A public service message from the American Academy of Orthopaedic Surgeons, where Patient-Centered Care means getting better together.

For more information on Patient-Centered Care, visit orthoinfo.org.

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